

## Welcome to our June 2020 Edition of Baw Baw's Chat Sheet

### FROM THE PRESIDENT:



This beautiful Autumn weather is such a bonus as we are adjusting to a different life style. Many of us have appreciated the “slowing down” in our busy lives but have been longing for the chance to actually see families and friends.

Our Course Co-ordinator, Steph Wellard has been a driving force behind keeping those of our members who can access Zoom engaged and connected.

Ruth Renouf and those who contribute to this Chat Sheet have done this also. But it is not the same as “having a cuppa” together and we wait optimistically for advice about resuming courses safely.

Unfortunately our demographic is most at risk and we will have to “hasten slowly” with this.

Meanwhile, please read Virginia's article. I hope you all continue to stay safe and well.

Very best wishes  
Mary

### Brain Teaser

The McLeods and the Connelly's have been engaged for the last few weeks (successfully but non-competitively) in this exercise. You may like to exercise your grey cells on it while you wait out this time of lockdown.

Take four 4s - the figure 4. Using any mathematical procedure you like, use these four 4s to make the sum of 1. Then go on to 2, and so on up to 50. You must use all the four 4s each time, but no other number.

Queries to Jim, 5623 6121





Our U3A has bought a license to host Zoom meetings to enable us to host those of our regular sessions that will adapt to being presented via Zoom. These 'meetings' will run at approximately the same time slot that things were in before.

But (and there is always a 'but' isn't there) things have changed on line for us as well. As you know, our U3A was in the process of updating our website when the COVID-19 pandemic rolled onto our coast; our new website will come complete with ways of us getting in contact with you and for you to enroll in upcoming courses on line.

Whilst this is not working yet, when the programme rolls out fully (and our technical guru, Graeme Fredrickson, tells us that may be soon) then we will all need to make sure our details are all correct.

This will mean that tutors can send emails to you to allow you into Zoom meetings and many other side benefits as well, but this will only work if everyone makes sure their details are correct, especially phone numbers and email addresses.

Keep reading each Chat sheet and the information you need will be in there to tell you when to begin your side of the deal! We can't do it without you.

Virginia Rowley

### [A View from the Bunker](#)

I noticed an article in the Warragul Gazette of 26/05/20 in which one of our members, Nigel Beresford, had won a prize in the local photographic competition for his photograph of a building in Sydney.

The building is the Dr. Chau Chak Wing Building, which forms part of the University of Technology Sydney campus. The building was designed by a famous Canadian-American architect called Frank Gehry.

Robert Dunlop

I am always intrigued when I read reviews of wines by connoisseurs and they describe the taste or the bouquet of the wine as having hints of plum and blackcurrants. Are they, I wonder, describing a cabernet sauvignon or Ribena juice?



**IN MY BUNKER** Sally Alsop, Warragul

I'm stuck here in my bunker; 'Caus Scotty said to hunker  
down and stay at home With your family, or alone.

My husband's in the garden, while I just try to harden up  
and use whatever's in the fridge, and not go shopping for a  
smidge of this and that just when I please!

We have to think ahead and freeze food, so we have a week  
of gourmet meals that seek to lift our spirits high - An Asian meal, a chicken pie?

I ring up friends and chat for ages, Read my book and turn the pages, Ready to  
log myself to 'Zoom' And discuss with others from my room.

Neighbours come and bring in cakes, The leaves fall down, my husband rakes.  
The kids from further down our road Chose to leave at our abode A booklet  
written bright and bold, Done by hand and it is 'gold!

"Things To Do When You Are Bored!" We read it all and we are floored,  
At how creative humans are When they can't just jump in their car, And go  
wherever, when they please.

I think it's time - we need to seize the simple life, slow down and breathe, Let the  
kids play 'make believe'.

Enjoy your family life together! You won't forget this time – not ever.

**Hello to all Mystery History buffs,**



I have enjoyed my isolation and have been very  
productive in all our interests! I have spent a lot of  
time doing Sudoku and jigsaws, pottering in the  
gardening and of course, eating way too much.

I have spent some time organising things for our term 4 return,  
whether in person in our club rooms or via Zoom (still a challenge!)

I have looked into things like Chinese Foot Binding, the History of  
Salt, Traditions of the White Wedding, My Favourite Copper Age Man,  
Geishas, Hannibal, Roman Slavery, The Bayeux Tapestry and many  
more.

I think we will have plenty to talk about when we get together again.  
Course Convenor, Virginia Rowley.



### On-line Courses for Term 3



#### New Course

Do you know? Tutor John Parker

John will deliver a series of talks and presentations through the Zoom Application on the following subjects:

Week 1-How the States of Australia came about

Week 2-**The issues with** Victoria's Borders

Week 3-The importance of Geographic names

Week 4-Australia's role in land ownership systems in developing countries

Week 5-How Titles with natural boundaries (marine & rivers) **are considered**

Week 6 **H**ow electoral boundaries are determined

Week 7-What the life and times of a Surveyor General may be

Week 8-How the metre was determined

Week 9-**The 10 reasons we are wrong about the World - get the facts**

To enrol in this very interesting series of presentations please contact John Parker:

Email: [johnrparker106@gmail.com](mailto:johnrparker106@gmail.com)

#### Dear Members,

During our period of isolation, we have been running three Courses on-line, a Book Club, a Film Group, and a Virtual Art Gallery Excursion.

These Courses are all being run successfully through Zoom and email, as our means of communication.

Zoom is an application which enables groups to communicate on-line, so if you have access to a lap-top, computer, tablet or smart phone you will be able to join the Courses that we are running on-line.

We plan to run some Courses through Zoom again in term 3, and will do so until we are able to meet safely in our Club Room, once more.

John Parker and myself will be running two Introduction to Zoom classes in June on **Thursday the 11th and Thursday 12th at 11 am**, to prepare members for our term 3 on-line courses.

If you wish to enrol, please contact,  
Steph Wellard Course Co-ordinator

Email: [Steph.wellard@dsci.net.au](mailto:Steph.wellard@dsci.net.au) Phone: 0419 509 607



## **Health Matters**

### **COVID-19 Support Line 1800 171 866**

**Older Australians 8:30am-6pm (AEST) Monday - to Friday, excluding public holidays**

**It is essential that older people know what COVID-19 means for them and their loved ones, and that they do not feel lonely, disconnected or isolated because of current restrictions.**

**Older Persons Advocacy Network (OPAN), Council on the Ageing (COTA) Australia, National Seniors Australia and Dementia Australia have banded together to offer support to older people who have questions or are feeling isolated during this troubling time.**

**These community organisations are well regarded, passionate, and very experienced in supporting older people.**

**This line can be called for information about how COVID-19 affects older people, and offers support for those who need it. The collaboration of these organisations means the line comprehensively covers different types of older Australians, including tailored information for people receiving aged care services and for those living with dementia.**

**Free call 1800 171 866 to speak with a friendly person who is there to listen and help.**

**The line operates 8:30am-6pm (AEST)**

### **Has someone you know cancelled their aged care services?**

**If you are concerned for the wellbeing of someone who has cancelled their aged care services because they feel unsafe due to COVID-19, we can help.**

**We will be conducting outbound calls to people who have declined their normal aged care services during the COVID-19 pandemic.**

**If you wish to register someone for a call, call the Older Person's COVID-19 Support Line 1800 171 866.**



Editor Ruth Renouf

**The main function  
of the little toe on your foot  
is to make sure that  
all the furniture in the house  
is in place.**



